## PRAYER FOR THE WEEK Monday 27<sup>th</sup> April 2020 *by Ann Clark*



Comforting God, long ago you gave us a rainbow to remind us of your faithfulness to us. Now a rainbow has become a symbol of this era, its colours reminding us of:

Red for danger, that we put ourselves and others into if we don't follow the guidelines set out for us to protect ourselves and the NHS- stay at home.

Yellow-caution, for there are certain circumstances that allow us to leave our homes. Take care while doing so.

Green- for those of us fortunate to have a garden; we are able to encounter the small changes happening daily in the garden. New shoots, the opening of flowers, birds singing and the sound of their flapping wings.

How Blue the sky has been lifting our hearts from the grey skies of the Winter months. Allowing time to enjoy the changes of the season.

Indigo, a dye which changes plain cloth into beautiful rich fabric. May we use this time of constraint to think more deeply about your world and all its inhabitants so that when the crisis is over we find ourselves in a changed, more caring world.

Violet- such a small delicate plant, tender yet strong enough to survive the winter weather conditions. Your caring love, Father, enables us to continue to care more deeply for the world and everyone in it.

Comforting God create in us a willingness to be more like the rainbow, colourful, careful, cautious, springing with new ideas, seeing opportunities, lifting the spirts of others, and changing attitudes towards the world and the people who live in it.

## Amen

Until we meet again may God hold you in the hollow of his hand.